



## Dear Parent

Thank you for being part of Screening 4 Your Health mission to save young lives to raise the awareness of Sudden Cardiac Arrest (SCA) through youth heart screenings. Our goal is to screen 10,000 youth by the year 2020. The screening process takes approximately 45 minutes and you can expect to get the results of the screening immediately following the screening process. We strongly urge you to share the results of your screening with your family doctor to establish a baseline that will become a part of your youth's medical chart.

The following forms must be completed and brought to the screening

## NO ONE WILL BE SCREENED WITHOUT THE SIGNED FORMS LISTED BELOW

- 1. Cardiac Screening Consent Form (signed by parent or guardian) Waiver
- 2. Youth Medical History Questionnaire

On the day of the screening, teens should wear a t-shirt, sweat pants or sport shorts. Girls should wear a sports bra. Girls will be asked to remove the t-shirt but will keep the sports bra on at all times, and will be screened by female health professionals in an area separate from boys. We want to assure you that students' confidentiality, privacy and individual modesty will be respected throughout all aspects of the program.

The screening is completely painless and non-invasive (no needles or x-ray exposure) and consists of:

- 3. Review of medical history questionnaire
- 4. EKG Screening (Small patches with a mild adhesive will be placed on the student's chest, legs and arms. Electrodes are attached to the patches, and the heart's electrical activity is recorded)
- 5. Some students may also have a limited echocardiogram (ultrasound) of their heart

A simple EKG, when used to screen physically active young persons, can detect certain serious heart conditions that cannot be detected by a stethoscope, including approximately 60% of the abnormalities or "markers" that are associated with Sudden Cardiac Death. Please note that EKG screenings result in approximately 2% of the tests being falsely positive. This may require additional evaluation and testing by your physician. We believe that the benefit of this potentially life-saving screening outweighs this concern.

Thank you for your participation.



Date:

## Please bring this signed form to the screening.

I, the undersigned, gives my permission for my child,	to voluntarily participate in the
youth cardiac	
(name) screening for which my child will have provided a medical history form. I/I and may receive an echocardiogram. The Youth Heart Screening will be co personnel and other volunteers. I or parent/guardian acknowledges and a Screening is completely voluntary and that it is my decision to have mysel	onducted by independent health care grees that participation in the Youth Heart
Results of these tests and the screening questionnaire will be reviewed an will be given to you and/or your child at the completion of the screening. I additional evaluation through follow-up with your family physician or spec I understand that all of the medical information obtained through my chil kept confidential and will not be retained or used by the school or referring Heart Screening have been disclosed to the student and/or the parent(s), a be de-identified via the removal of personally identifiable information. I girdata can be collected by the Darius Jones Foundation or its designees and or academic research purposes.	If a heart abnormality is suspected, cialist is strongly recommended. d's participation in this program will be g entity. Once the results of the Youth all of the medical information obtained will we consent that the remaining anonymized
I hereby give my permission for images of my child/or myself, captured du photo or digital camera, to be used solely for the purposes of Darius Jones and publications and waive any rights of compensation or ownership ther I acknowledge that I have read the above and understand its contents. Any to my satisfaction. I agree that I or my child is a voluntary participant in the therewith, I consent to the release of information obtained in connection of I understand that The Darius Jones Foundation will not disclose my identif my consent. I understand that I and/or my child may withdraw from the Darius Jones Foundation, all physicians, technicians, volunteers, and all other organizations harmless and waive all subrogation rights against The Darius and volunteers as respects process and results in this free heart screening In order to have the Cardiac Screening performed on myself or my child an screening, I, HEREBY RELEASE AND WAIVE ALL CLAIMS, ACTIONS, AND CAUMay otherwise have against the Darius Jones Foundation, the independent volunteers who are conducting or participating in this screening process, the vendors, sponsors, their officers, directors, employees, agents, volunteers, aliability, or damages, including but not limited to personal injury or illness mental injury or death that may occur in any way from my child's participating negligence, breach of warranty, or strict liability of any persons associated	Foundation promotional material eto.  y and all questions have been answered his heart screening, and in connection with the screening as described above. By to any third party without screening. I further agree to hold The her persons, entities, individuals and its Jones Foundation their directors, officers and to have him/her participate in that JSES OF ACTION that I or my child in the health care personnel and he school, the school district, and any and representatives, from any claims, arising out of any physical, emotional, or action in this program resulting from the
Participant (age 18 and over)	
Print Name:	
Signature:	
Date:	
Parental/Guardian Consent for Participants under the Age of 18:	
Print Name:	
Signature:	